

BIP

Betaglucare in practice

Clinical studies have shown that 3 grams of high quality beta-glucans:

- Lowers postprandial blood glucose
- Lowers LDL cholesterol

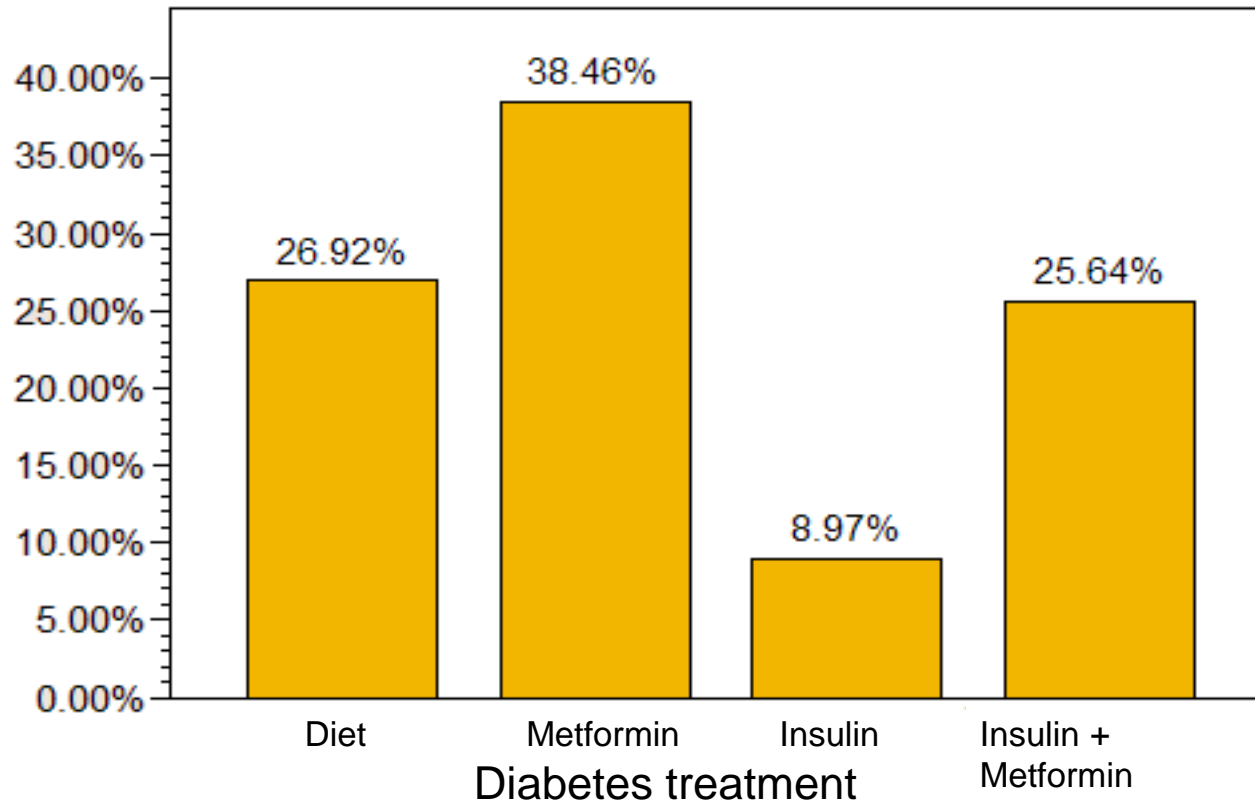
But what results can one expect when doctors recommend patients to improve their selfcare by adding a portion of Betaglucare (3 grams of beta-glucans) to their daily routines?

We let ten GPs recommend Betaglucare to, in total, 79 patients. 78 with type 2 diabetes and 1 with type 1 diabetes. The patients went to their pharmacy and bought two boxes of Betaglucare and used it for 56 days.

Day 1, blood samples. Day 30, check up over phone call. Day 56, blood samples

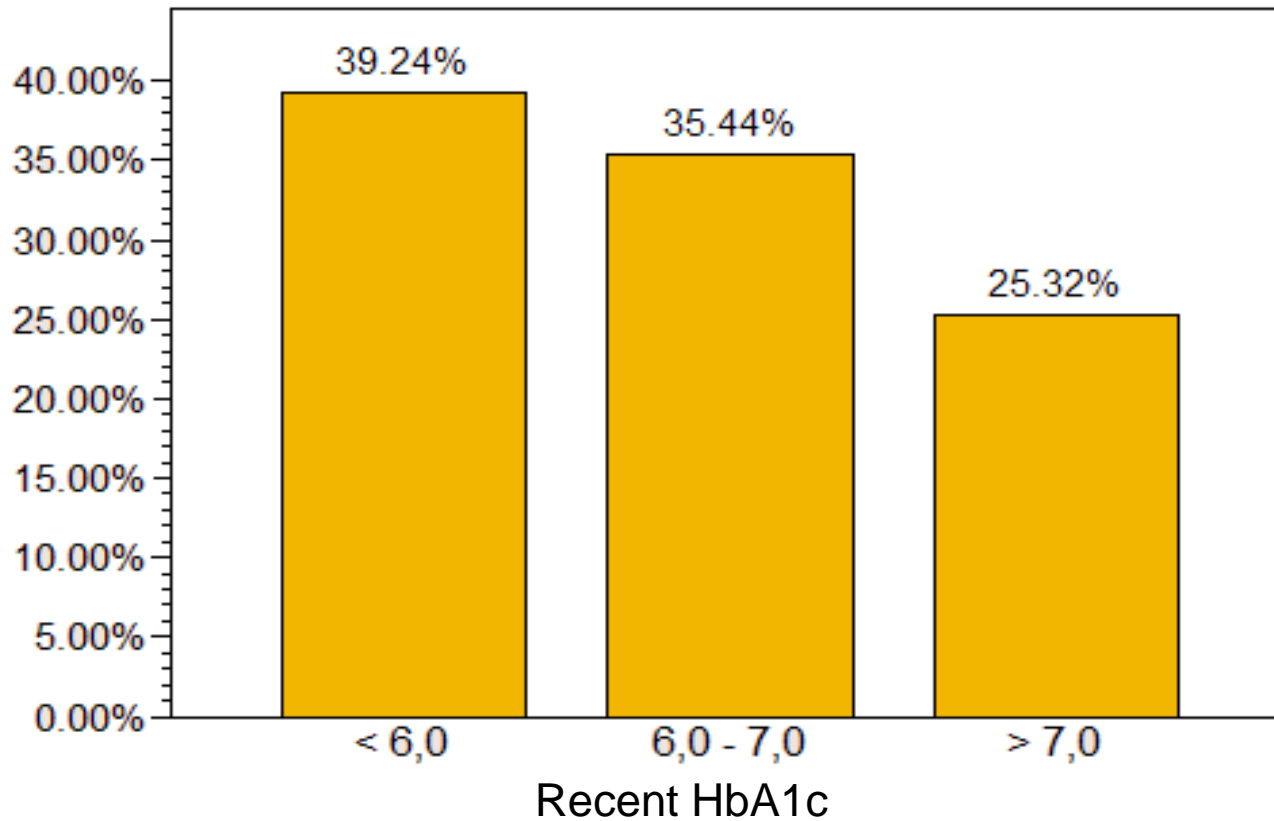
Other diabetes treatment

Frekvens



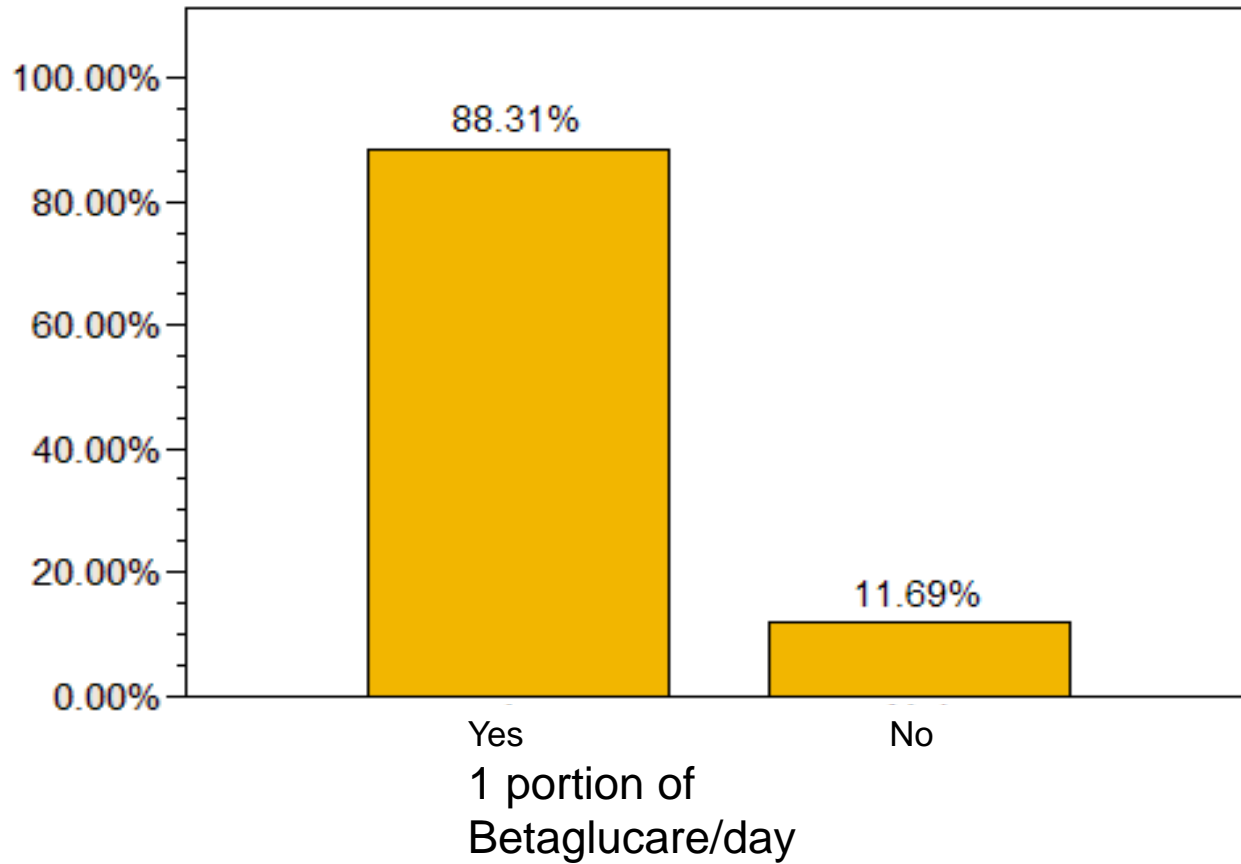
HbA1c spread

Frekvens

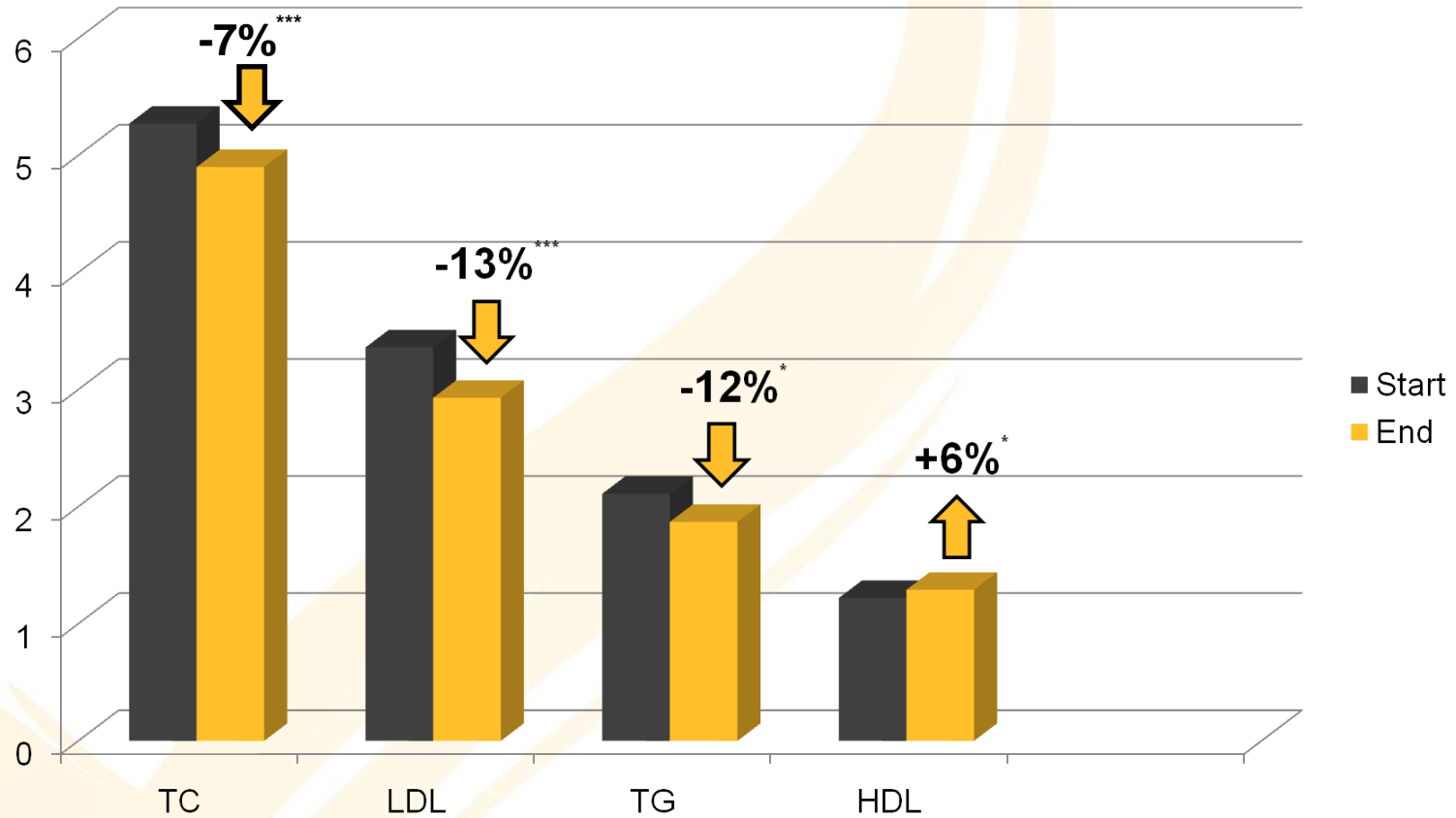


Compliance

Frekvens



Cholesterol

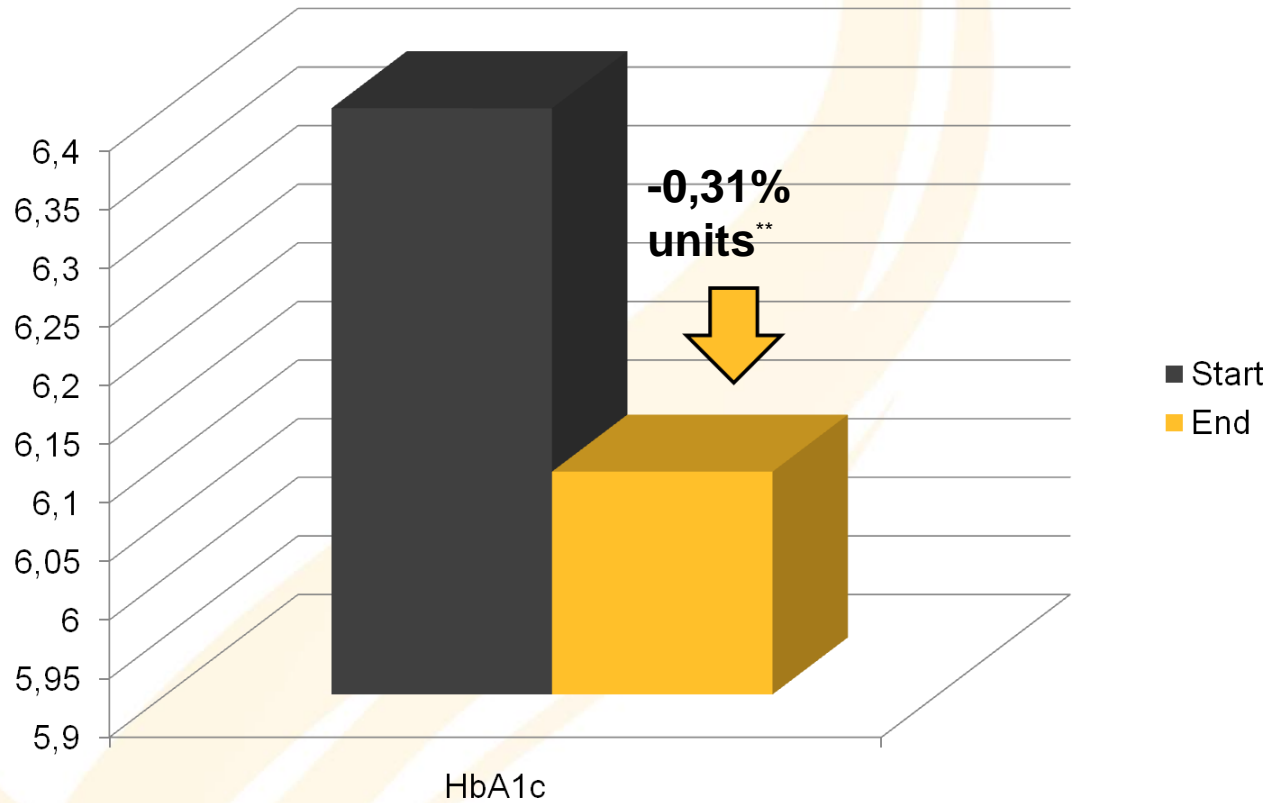


*** = $p < 0,0001$

* = $p < 0,05$

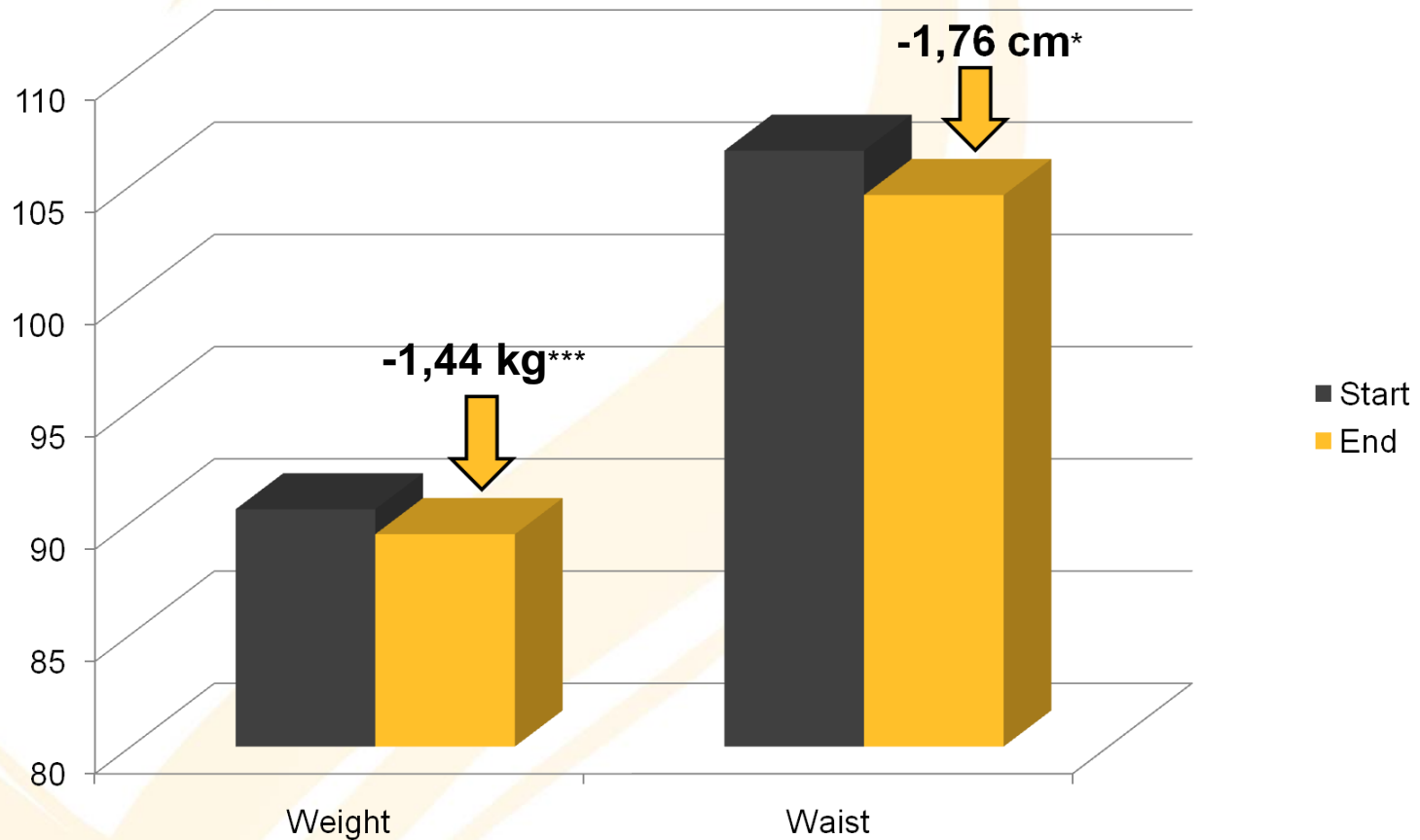
N = 79

HbA1c



** = $p < 0,0010$
N = 79

Weight & waist



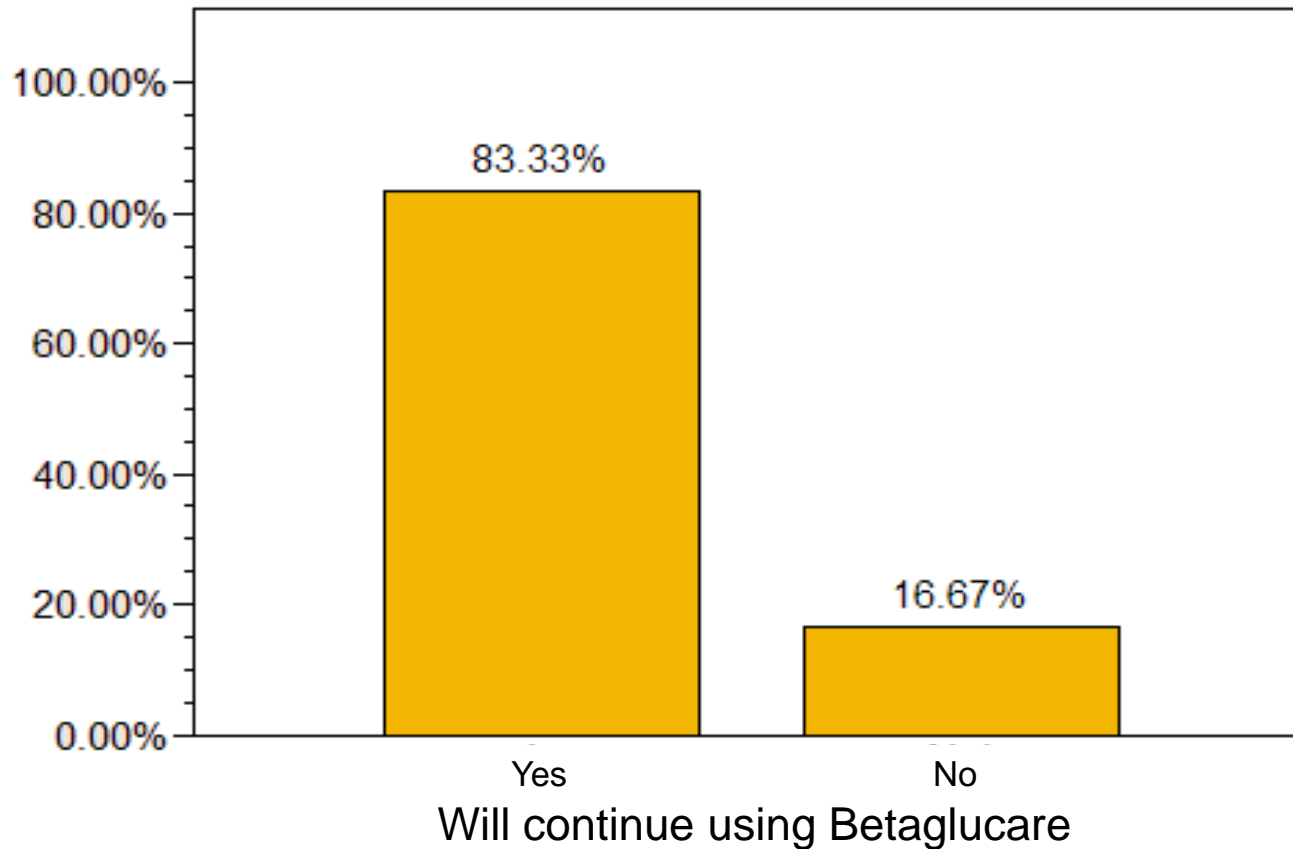
*** = $p < 0,0001$

* = $p < 0,05$

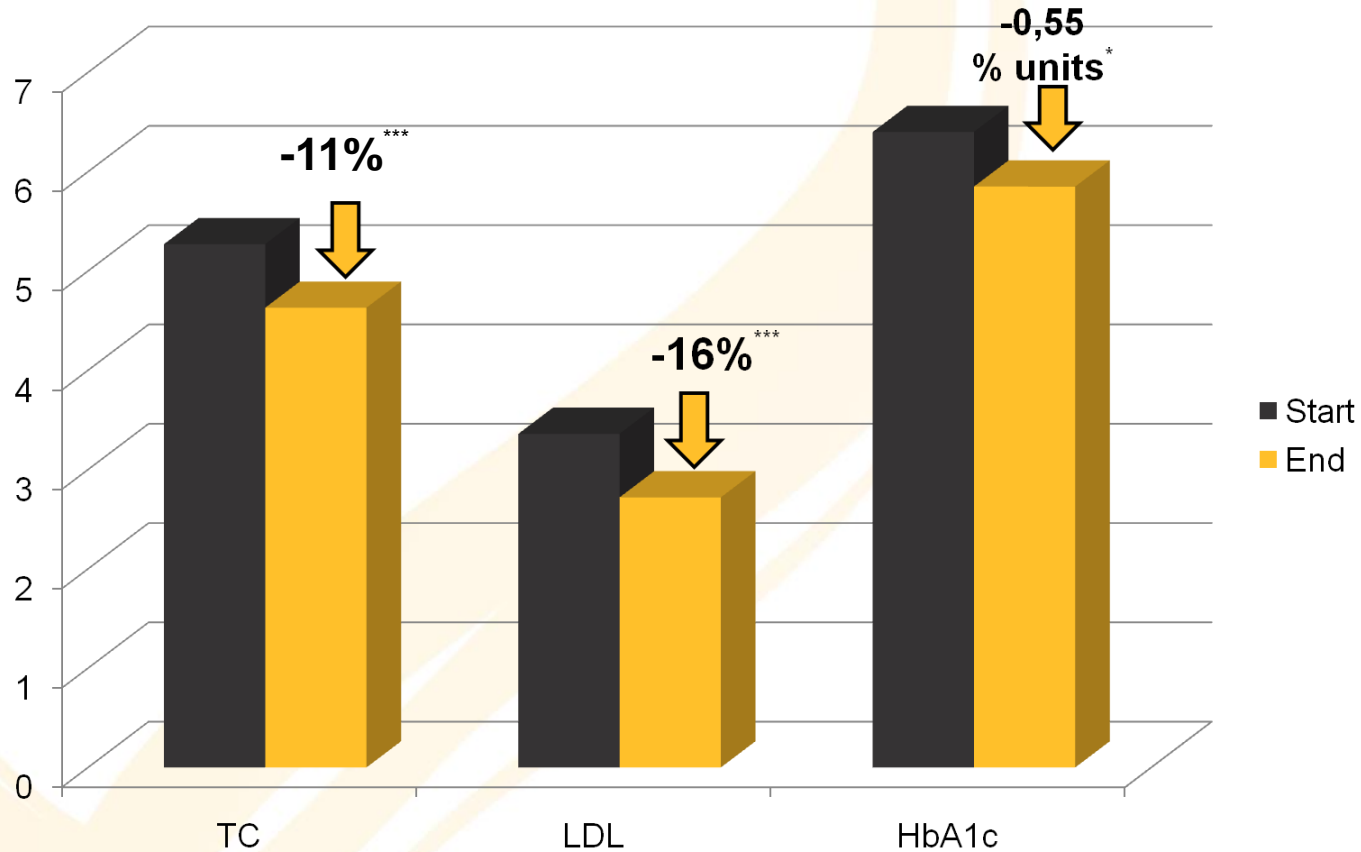
N = 79

Treatment satisfaction

Frekvens



Patients with LDL >3mmol/l & HbA1c >6%

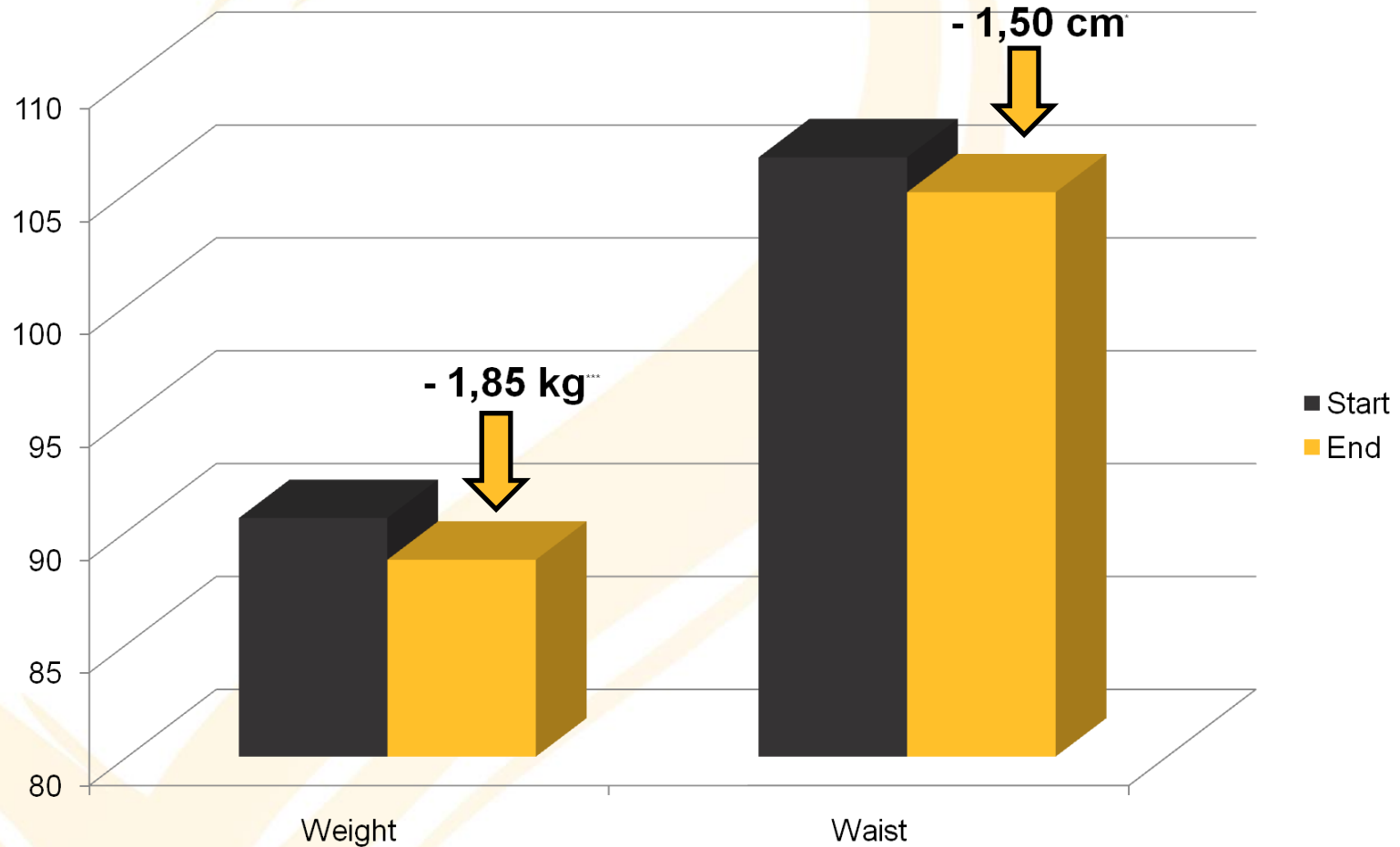


*** = $p < 0,0001$

* = $p < 0,05$

N = 31

Patients with LDL >3mmol/l & HbA1c >6%

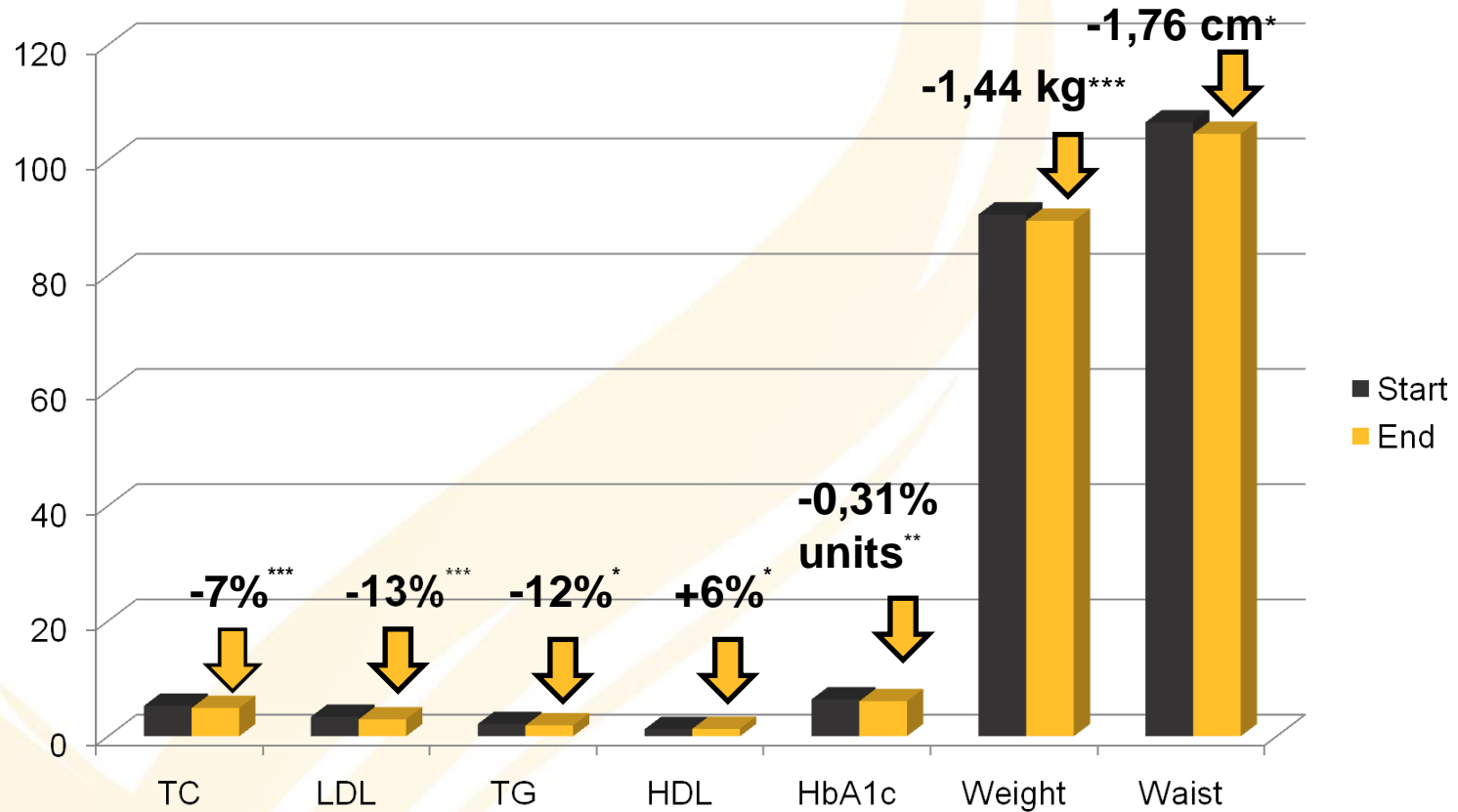


*** = $p < 0,0001$

* = $p < 0,05$

N = 31

Summerize



*** = $p < 0,0001$

** = $p < 0,001$

* = $p < 0,05$

N = 79